

Comprehensive Autism Planning System (CAPS)

Child/Student: Chad

Time	Activity	Targeted Skills to Teach	Structure/ Modifications	Reinforcement	Sensory Strategies	Communication Social Skills	Data Collection	Generalization Plan
8:00	Priming (with small group)	Identifying emotions Managing stress	Visual schedule First/then chart <i>Mindreading</i> software Social narrative on anxiety Quiet area, as needed	Reinforcement menu	“How Does Your Engine Run” chart	Hidden curriculum Multiple meanings list Emotions notebook Practice change	Emotion recognition (software) Stress	Visual schedule First/then chart Social narrative on anxiety
9:00	Reading	State reading standards	Visual schedule First/then chart Quiet area, as needed	Reinforcement menu	“How Does Your Engine Run” chart	Asking for help	Reading worksheets Managing stress	Visual schedule First/then chart Social narrative on anxiety
9:50	Sensory break	Managing stress	Visual schedule Task cards of sensory activities	Reinforcement menu	Various sensory activities	Asking for help	Managing stress	Visual schedule
10:00	Social skills in Resource Room	Social skills Problem solving Managing stress	Visual schedule First/then chart <i>Mindreading</i> software Social narrative on anxiety Quiet area, as needed	Reinforcement menu Train books Game playing	“How Does Your Engine Run” chart	<i>Super Skills</i> Hidden curriculum Multiple meanings list Emotions notebook Practice change	Social skills Stress	Visual schedule First/then chart Social narrative on anxiety
11:00	Recess (structured)	Social skills	Task cards for recess First/then chart Quiet area, as needed	Playing with peers	Recess games with touch and movement	Social skills Asking for help	Social skills	Social skills to lunch
11:20	Math (in RR)	State math standards	Visual schedule First/then chart Quiet area, as needed	Reinforcement menu	“How Does Your Engine Run” chart	Asking for help	Math worksheets Managing stress	Visual schedule First/then chart

Henry, S. A., & Myles, B. S. (2007). *Integrating best practices throughout the student’s daily schedule: The Comprehensive Autism Planning System (CAPS) for individuals with Asperger Syndrome, autism and related disabilities*. Shawnee Mission, KS: Autism Asperger Publishing Company.

Time	Activity	Targeted Skills to Teach	Structure/ Modifications	Reinforcement	Sensory Strategies	Communication Social Skills	Data Collection	Generalization Plan
12:10	Lunch (in small group in RR)	Social skills	Visual schedule First/then chart Quiet area, as needed Conversation card	Playing game with peers	“How Does Your Engine Run” chart	Social skills	Social skills Managing stress	Visual schedule First/then chart
12:40	Quiet Time	Identifying emotions Managing stress	Visual schedule First/then chart Quiet area, as needed	Reinforcement menu	“How Does Your Engine Run” chart	Asking for help	-----	Visual schedule First/then chart
1:00	Language arts or social skills	State language arts standards Social skills	Visual schedule First/then chart Quiet area, as needed <i>Mindreading, School Rules, or Joining In</i>	Reinforcement menu	“How Does Your Engine Run” chart	Asking for help	Language arts work-sheets Managing stress Progress on software	Visual schedule First/then chart Social narrative on anxiety
1:50	Sensory break	Managing stress	Visual schedule Task cards of sensory activities	Reinforcement menu	Various sensory activities	Asking for help	managing stress	Visual schedule
2:00	Science or social studies (in RR room)	State science or social studies standards	Visual schedule First/then chart Quiet area, as needed	Reinforcement menu	“How Does Your Engine Run” chart	Asking for help	Science or social studies work-sheets Managing stress	Visual schedule First/then chart Social narrative on anxiety
3:00	Review of day and priming (with small group)	Identifying emotions Managing stress	Visual schedule First/then chart Social narrative on anxiety Quiet area, as needed	Create reinforcement menu	“How Does Your Engine Run” chart	Hidden curriculum Multiple meanings list Emotions notebook Practice change	Emotion recognition (software) Stress	Visual schedule First/then chart Social narrative on anxiety

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